 KIDLINGTON RUNNING & ATHLETIC CLUB

WE INVITE YOU BACK FOR THE 32nd YEAR OF

**MOTA-VATION**

**CONFIRMED DATES FOR 2019**

**RACE 1 -THURSDAY 2nd May 7:00 PM START\*\***

CHARLTON-ON-OTMOOR RECREATION GROUND

**RACE 2 - THURSDAY 31st May 7.15 PM START**

BLETCHINGDON RECREATION GROUND

**RACE 3 - THURSDAY 27th June 7.30 PM START**

COMBE RECREATION GROUND

**RACE 4 - THURSDAY 25th July 7.30 PM START**

COMBE RECREATION GROUND (TWO LAP COURSE)

**RACE 5 – THURSDAY 29th AUGUST 7.00 PM START**

STRATFIELD BRAKE RECREATION GROUND

**\*\* Single race, unless split for safety reasons (numbers or conditions) in which case men will start at 7.00 and ladies at 7.05**

**PLEASE READ IMPORTANT INFORMATION BELOW, AND IN PARTICULAR CLAUSE 8 WHICH RELATES TO ALL RUNNERS UNDER THE AGE OF 18**

1. We will use chip timing again, provided by Tempo Events, and there will be no manual timing. We will also take a manual backup so it is important to continue through the funnel and past our own recorders (and the spot prize distribution point as an incentive…). Individual results are immediately available on the laptops provided. Full race results will appear at <https://www.tempoevents.co.uk>, usually the same evening – please send any queries to them within 48 hours using their contact page, and also send an e-mail to the Entries & Results Secretary, James Moss, at j.moss139@btinternet.com

2. Tempo Events will be using a “chip on bib” system. **This means that you will be issued with just one number to be used for all races, and it is important that you do not fold it!** Replacements for lost, damaged, or forgotten numbers can be provided for a small additional fee (£2 each time).

3. Numbers will be issued to individual runners at the first race or held for collection at later races.

4. Your number is personal and may **not** be used by any other runner. We will allow transfers to another member of your club ***provided*** that you have not run in any previous race this year – requests must be made to the Entries Secretary not less than **seven** days prior to the race.

5. **Please arrive early at Charlton to collect your number. The car park will close at 6.45 to permit runners to assemble in the field adjoining the car park. Please allow plenty of time to arrive in case of traffic problems – we have very limited flexibility to postpone the start, especially if it is cloudy or raining.**

6. We provide free parking at all venues except for the final race at Stratfield Brake. Do **not** park on local roads out of courtesy to residents (Note Rules 7 and 9 below). For the final race, please use either the Watereaton Park & Ride of the Oxford Parkway Station car park. Charges apply. Both are around a ten minute walk from the venue.

7. You may take advantage of the Club’s bulk entry if you are a second claim member, **but you must name your first club on the entry form and run in that club’s vest.**

8. Please note that any runner **under the age of 18** is a minor and must have their entry signed by a parent or guardian, who should also indicate on the entry form if photographs should not appear on Barry Cornelius’ website [www.oxonraces.com](http://www.oxonraces.com).

Your club coordinator will collect entries and submit them together. Please follow your club’s instructions and deadlines. These have to be tight again this year as we have to send entry data to Tempo Events for chip preparation.

We look forward to seeing you at Charlton or at later races if not then. Locations and course maps can be found on our website, together with full race rules\*\*, at

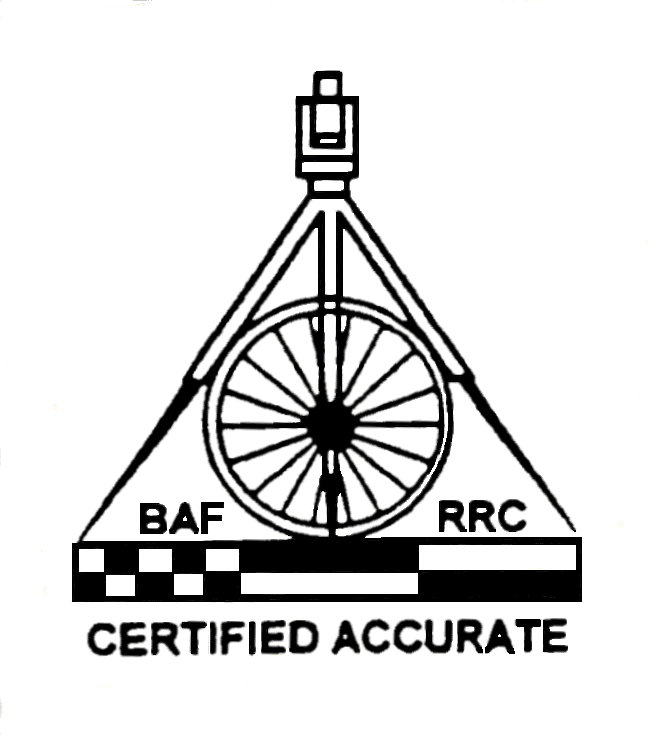
[**www.kidlingtonrunning**](http://www.kidlingtonrunning)**.org.uk/mota-vation**

**\*\* Please note in particular**

7. Any runner causing a traffic or other hazard, whether whilst running, parking, or when driving away before other runners have completed the race, may be disciplined by the referee and may be disqualified.

8. The wearing of personal music devices is deemed a hazard and will result in disqualification.

9. Any behaviour that might be deemed offensive to local residents will result in disqualification and exclusion from subsequent races.

 KIDLINGTON RUNNING & ATHLETIC CLUB

# **MOTA-VATION SUMMER RACE SERIES 2019**

**32nd season**

UK Athletics licence applied for

**BULK SERIES ENTRY – WITNEY RR**

### RETURN TO YOUR CLUB’S ENTRY COORDINATOR

Surname (**CAPS**) ………………………………..

First name (**CAPS**) ………………………………..

**FIRST CLAIM CLUB (if NOT Witney**) …………………………………..

Note – You **must** then wear the vest of that club

EA Registration Number……………………………………….

Age on **2 May** …… DoB ………………… Sex…. [Min. age on race day 15]

Please circle one of

U19M SM VM40 VM50 VM60 VM70 U19L SL VL35 VL45 VL55 VL65

Address: ………………………………………

………………………………………

………………………………………

Tel.: ………………………………………

E-mail: ………………………………………………

I declare that I am an amateur according to UKA rules, that I will abide by their rules and the rules of this series, and that I will compete only if medically fit\*\*. I agree to participate in this event at my own risk and that the organisers will not be responsible for any injuries sustained by me or for any property lost. I sign on behalf of my child if (s)he is under 18.

**\*\* In particular, I accept the ban on the wearing of personal music devices and that I will complete the medical emergency information on the back of my number**

Signed: …………………………………………….. Date……………….

**(parent/guardian if under 18 – Please tick HERE ……….. if photographs of**

**your child may NOT be displayed on the web by** [**www.oxonraces.com**](http://www.oxonraces.com)**)** For official use only



**Race Number**