



KIDLINGTON RUNNING CLUB



WE INVITE YOU BACK FOR THE 35th YEAR OF

MOTA-VATION SUMMER RACE SERIES 2023

UK Athletics Licence to be applied for

Courses measured and certified except Race 5 (off road) - details on website

First aid provided by Critical Care Medical UK to Level 1

RACE 1 -THURSDAY 27th APRIL 7.00 PM START**

CHARLTON-ON-OTMOOR RECREATION GROUND

RACE 2 - THURSDAY 25th MAY 7.15 PM START

BLETCHINGDON RECREATION GROUND

RACE 3 - THURSDAY 29th June 7.30 PM START

COMBE RECREATION GROUND

RACE 4 - THURSDAY 27th July 7.30 PM START

COMBE RECREATION GROUND (TWO LAP COURSE)

RACE 5 – THURSDAY 31st August 7.00 PM START

STRATFIELD BRAKE RECREATION GROUND

** Single race, unless split for safety reasons (numbers or conditions) in which case men will start at 7.00 and ladies at 7.05

Please read the important information below, and in particular clause 8 which relates to all runners under the age of 18.

1. We will use chip timing again, provided by Tempo Events. We will also take a manual backup so it is important to continue through the funnel and past our own recorders (and the spot prize distribution point as an incentive...). Individual results are immediately available on the laptops provided. Full race results will appear at <https://www.tempoevents.co.uk>, usually the same evening – please send any queries to them within 48 hours using their contact page, and also send an e-mail to the Entries & Results Secretary, James Moss, at j.moss139@btinternet.com

2. Tempo Events will be using a toe chip system. **This means that you will be issued with just one number to be used for all races.** Replacements for lost, damaged, or forgotten numbers can be provided for a small additional fee (£2 each time).

3. Numbers will be issued to individual runners at the first race or held for collection at later races.

4. Your number is personal and may **not** be used by any other runner. We will allow transfers to another member of your club provided that you have not run in any previous race this year – requests must be made to the Entries Secretary not less than **seven** days prior to the race.

5. Please arrive early at Charlton to collect your number. The car park will close at 6.45 to permit runners to assemble in the field adjoining the car park. Please allow plenty of time to arrive in case of traffic problems – we have very limited flexibility to postpone the start, especially if it is cloudy or raining.

6. We provide free parking at all venues except for the final race at Stratfield Brake. Do **not** park on local roads out of courtesy to residents. For the final race, please use either the Watereaton Park & Ride or the Oxford Parkway Station car park. Charges apply. Both are around a ten minute walk from the venue.

7. You may take advantage of the Club's bulk entry if you are a second claim member, **but you must name your first club on the entry form and run in that club's vest.**

8. Please note that any runner **under the age of 18** is a minor and must have their entry signed by a parent or guardian, who should also indicate on the entry form if photographs should not appear on Barry Cornelius' website www.oxonraces.com.

Your club coordinator will collect entries and submit them together. Please follow your club's instructions and deadlines.

We look forward to seeing you at Charlton or at later races if not then. Locations and course maps can be found on our website, together with full race rules, at www.kidlingtonrunning.org.uk/mota-vation



KIDLINGTON RUNNING CLUB

35th season



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BULK SERIES ENTRY – WITNEY ROADRUNNERS

RETURN TO YOUR CLUB'S ENTRY COORDINATOR

Surname (CAPS)

First name (CAPS)

FIRST CLAIM CLUB (if NOT WITNEY)

Note – You **must** then wear the vest of that club

EA Registration Number.....

Age on **27th April 2023** DoB Sex.... [Min. age on race day 15]

Please circle one of

U19M SM VM40 VM50 VM60 VM70 VM80

U19L SL VL35 VL45 VL55 VL65 VL75

Address:

.....

Tel.:

E-mail:

I declare that I am an amateur according to UKA rules, that I will abide by their rules and the rules of this series, and that I will compete only if medically fit**. I agree to participate in this event at my own risk and that the organisers will not be responsible for any injuries sustained by me or for any property lost. I sign on behalf of my child if (s)he is under 18.

**** In particular, I accept the ban on the wearing of personal music devices and that I will complete the medical emergency information on the back of my number**

Signed: Date.....

(Parent/guardian if under 18 – Please tick **HERE** if photographs of your child may NOT be displayed on the web by www.oxonraces.com)
only

For official use



Race Number